

2011	Junior Football of Arizona GAME DAY WEIGHT CHART								
"SMARTER / SAFER"	Flag = 5,6,7 year olds, with NO weight limit						Ages as of July 31st		
AGE DIVISION	7	8	9	10	11	12	13	14	
MITEY MITE	unlimited	100	79						
CADET		unlimited	114	89					
JR. PEE WEE			unlimited	124	99				
PEE WEE				unlimited	139	114			
JR. MIDGET					unlimited	155	130		
MIDGET						unlimited	unlimited	unlimited	

THESE WEIGHTS REPRESENT PLAYERS WEIGHT **WITH** EQUIPMENT ALLOWANCE INCLUDED

Mitey Mite thru Pee Wee has a 5 pound equipment allowance, Jr. Midget has a 6 pound equipment allowance

WEIGH-IN WILL BE CONDUCTED WITH PLAYERS **IN UNIFORM** AND WEARING GAME PANTS WITH **ALL PADS**, **AND** GAME JERSEY

THE HELMET and SHOULDER PADS WILL NOT BE WORN, OR HELD BY THE PLAYER, WHILE ON THE SCALE

NO GROWTH ALLOWANCE through the season, refer to 2011 JFA Rule Book, Art. V, Rule 5